### Benefits BULLETIN FEBRUARY 2023





# Did You Know? HSA Contribution Limits Increased

### A Message from Michael Scaffidi Employee Benefits Consultant



A health savings account (HSA) allows you to pay for qualified medical expenses tax-free; however, there are limits to how much you can contribute each year. As of January 1, 2023, HSA contribution limits have increased. The maximum HSA contribution limit is \$3,850 for an individual (up from \$3,650 in 2022) and \$7,750 for a family (up from \$7,300 in 2022).

An HSA can be a tactful savings vessel, giving you the ability to spend your dollars on *qualified medical expenses.* Individuals who have an HSA and are over age 55, can even contribute an extra \$1,000 annually, in what is commonly called a "catch-up" contribution.

Remember, an HSA is always yours and rolls over each year. Your contributions are taxexempt, and your earnings grow tax-free. If you have additional questions about HSAs, feel free to contact us for more information!

## **INDUSTRY NEWS**

More Employers Offer Flexible Spending Accounts





Besides Health Insurance and 401(k)s, These Are the Benefits Employees Value Most



Last year, we were proud to support over 50 charitable partners, and we hope to do even more this year! Take a moment to listen to our Founder, Pam Dix, talk about Infinity's philanthropic efforts.

#### Did you miss last month's Benefits Bulletin?

CLICK HERE TO READ THE JANUARY ISSUE





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