



## Health Savings Account (HSA)

### A Message from Bob Schroeder Senior Account Manager



Does your medical plan offer Health Saving Accounts (HSA)? A health savings account (HSA) offers tax savings and allows participants to choose whether to spend, save, or invest their HSA dollars which can aid your employees on their road to financial wellness. Are you taking advantage of this type of savings account that lets you set aside money on a pre-tax basis to pay for qualified medical expenses?

#### Key takeaways

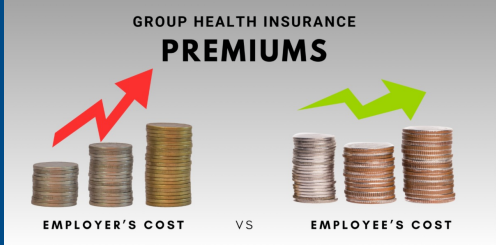
- A health savings account (HSA) is a tax-advantaged way to save for qualified medical expenses.
- HSAs pair with an HSA-eligible health plan.

Because it offers potential tax advantages and money within the account can be invested, an HSA can be used to pay for both near-term medical expenses and expenses in retirement.

Reach out to your Account Manager today to start a conversation on HSA medical plans!

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# Friends of Infinity



Infinity would like to take the opportunity to highlight the strong professional relationships our team shares with our clients. Every month, across our social media platforms, Infinity will spotlight a "Friend of Infinity." This post will feature someone within your team who holds a positive, long-standing partnership with our Infinity team. This post will provide our audience with a brief message including; your company/organization, your company/organization's specialization/mission, the role of the team member we are highlighting within your company/organization, and the history of the team member's relationship with Infinity.

If you or someone on your team is interested in participating in "Friends of Infinity," please complete [this brief form](#). After completion, our Marketing Coordinator, Madeline, will connect with the contact provided to discuss the contents of the post.

## Did you miss the last Benefits Bulletin?

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**Benefits BULLETIN**  
JULY 2023

**Mental Health In The Workplace**

A Message from Jackie Larson  
Account Manager

The Covid-19 pandemic has had an immense impact on the workplace. Not only has it resulted in changes to how we work, but it has also highlighted the importance of mental health.

Mental health is essential to the overall well-being of employees in the workplace. It can affect their ability to work, the quality of their work, and how well they work with others. Without proper mental health management, employees can suffer from decreased productivity, absenteeism, and turnover, which can have a negative impact on the organization and its success.

As an Account Manager, it is my duty to give a variety of options to our clients so they can best support their employees that most closely suit their needs. These options would include mental health resources, Employee Assistance Programs, and guidance on how to utilize their current health plans to the fullest.

It is essential for employers to understand the importance of mental health in the workplace, and to take your workforce's health, and thriving by providing mental health support.



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